

Reflection on Learning



Wiring – Every brain is wired differently.

The brain is constantly learning things, so the brain is constantly rewiring itself. Learning results in physical changes in the brain and these changes are unique to each individual. As teachers we need to develop empathy for the fact that no two learners store the same information in the same way in the same place. The need to individualize instruction and methods of instruction is an important factor in student learning.

Adapted from: [Brain Rules](#) by John Medina