



She Rides

Pre-Ride Checklist

| ITEM | WHAT TO CHECK | WHAT TO LOOK FOR | CHECK OFF | |
|---------------------------|---------------------|--|-----------|------|
| | | | Front | Rear |
| Tires & Wheels | | | | |
| Tires | Condition | Tread depth, wear, weathering, evenly seated, bulges, embedded objects | Front | Rear |
| | Air Pressure | Check when cold, adjust to load/speed | Front | Rear |
| Wheels | Spokes | Bent, broken, missing, tension, check at top of wheel "ring" OK – "thud", loose spoke | Front | Rear |
| | Cast | Cracks, dents | Front | Rear |
| | Rims | Out of round/true = 5mm. Spin wheel, index against stationary pointer | Front | Rear |
| | Bearings | Grab top and bottom of tire and flex: no free play (click) between hub and axle, no growl when spinning | Front | Rear |
| | Seals | Cracked, cut or torn, excessive grease on outside, reddish-brown around outside | Front | Rear |
| Controls | | | | |
| Lever | Condition | Broken, bent, cracked, mounts tight, ball ends on handlebar lever | Front | Rear |
| | Pivots | Lubricated | | |
| Cables | Condition | Fraying, kinks, lubrication: ends and length | | |
| | Routing | No interference or pulling at steering head, suspension, no sharp angles, wires in place | | |
| Hoses | Condition | Cuts, cracks, leaks, bulges, chafing, deterioration | | |
| | Routing | No interference or pulling at steering head, suspension, no sharp angles, wires in place | | |
| Throttle | Operation | Moves freely, snaps closed, no revving | | |
| Lights | | | | |
| Battery | Condition | Terminals, clean and tight, electrolyte level, held down securely | | |
| | Vent Tube | Not kinked, routed properly, not plugged | | |
| Lenses | Condition | Cracked, broken, securely mounted, excessive condensation | | |
| Reflectors | Condition | Cracked, broken, securely mounted | | |
| Wiring | Condition | Fraying, chafing, insulation | | |
| | Routing | Pinched, no interference or pulling at steering head or suspension, wires and ties in place, connectors tight, clean | | |
| Headlamp | Condition | Cracks, reflector, mounting and adjustment system | | |
| | Aim | Height and right/left | | |



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|-----------------------------------|------------------------------------|---|-----------|-------|
| Oil | | | | |
| Levels | Engine Oil | Check warm on centrestand, dipstick, sight glass | | |
| | Hypoid Gear Oil | Transmission, rear drive, shaft | | |
| | Hydraulic Fluid | Brakes, clutch, reservoir or sight glass | | |
| | Coolant | Reservoir and/or coolant recovery tank – cool only | | |
| | Fuel | Tank or gauge | | |
| Leaks | Engine Oil | Gaskets, housings, seals | | |
| | Hypoid Gear | Gaskets, seals, breathers | | |
| | Hydraulic Fluid | Hoses, master cylinders, calipers | | |
| | Coolant | Radiator, hoses, tanks, fittings, pipes | | |
| | Fuel | Lines, fuel taps, carbs | | |
| Chassis | | | | |
| Frame | Condition | Cracks at gussets, accessory mounts, look for paint lifting | | |
| | Steering Head Bearings | No detent or tight spots through full travel, raise front wheel check for play by pulling/pushing forks | | |
| | Swing Arm Bushings/Bearings | Raise rear wheel, check for play by pushing/pulling swing arm | | |
| Suspension | Forks | Smooth travel, equal air pressure/damping anti-dive settings | Left | Right |
| | Shock(s) | Smooth travel, equal pre-load/air pressure/damping settings, linkage moves freely and is lubricated | Left | Right |
| Chain or Belt | Tension | Check at tightest point | | |
| | Lubrication | Side plates when hot Note: do not lubricate belts | | |
| | Sprockets | Teeth not hooked, securely mounted | | |
| Fasteners | Threaded | Tight, missing bolts, nuts | | |
| | Clips | Broken, missing | | |
| | Cotter Pins | Broken, missing | | |
| Kickstand | | | | |
| Centrestand | Condition | Cracks, bent | | |
| | Retention | Springs in place, tension to hold position | | |
| Sidestand | Condition | Cracks, bent (safety cut-out switch or pad if equipped) | | |
| | Retention | Springs in place, tension to hold position | | |
| Check your Owner's Manual! | | | | |