**Reportable STIs in Canada**

**CHLAMYDIA:**

* Bacterial infection
* Most common between the ages of 15-24
* If untreated can lead to infertility

**GONORRHEA:**

* Bacterial infection
* Over 75 new cases reported daily

**SYPHILLIS:**

* Bacterial infection
* Most contagious within the first 2 years of exposure
* Can be asymptomatic for years
* Most common in men but increasing in women

**HIV/AIDS:**

* Viral infection
* Approximately 7 people diagnosed daily

**HPV/GENITAL WARTS:**

* Viral infection
* About 200 types of infectious HPVs
* Some can lead to different cancers

**HSV/GENITAL HERPES:**

* Viral infection
* Pregnant mother can pass it onto baby
* 1 in 7 Canadians has genital herpes

**CHLAMYDIA/GONORRHEA:**

* Up to 90% are asymptomatic for several weeks
* Signs and symptoms:
* abnormal discharge
* burning with urination
* Treated with antibiotics

**No Precaution = Reinfection**

**HIV/AIDS:**

* Transmission: unprotected sexual contact, sharing needles, mother to baby (pregnancy, birth, breastfeeding)
* Signs and symptoms:
* fever, chills, night sweats
* rashes
* muscle aches
* sore throat
* extreme fatigue
* Treatment: No cure, but antiretroviral therapy can increase life expectancy

**Not transmitted through kissing, hugging, sharing food, shaking hands or mosquito bites**

**SYPHILLIS:**

* Normally starts with a single sore
* May develop rashes and lesions on palms and bottom of feet
* Signs and symptoms:
* Tiredness
* joint pains
* fever
* swollen glands
* Treated with antibiotics

**Syphilis can lead to blindness and even death if left untreated**

**PV/Genital Warts**

* Transmission: intimate sexual skin to skin contact with infected person
* Signs and symptoms:
* Genital warts may appear as cauliflower-like bumps or flat white patches
* Undetectable due to being asymptomatic
* Treatment: Cryotherapy (freezing of warts using liquid nitrogen)

**75% sexually active men and women will have at least one HPV infection in their lifetime**

**HSV/Genital herpes**

* Transmission by touching the sores or fluids
* Sign and symptoms:
* Itchiness with painful blisters
* Painful swollen groin glands
* flu like symptoms for several weeks
* Treatment: No cure, stays dormant. Antiviral medications can shorten the outbreak cycle

**Stress and low immunity causes recurrences**