**My Body!**

**My Right!!**

**Our Fight!!!**

**Statistics of sexual violence**

* Sexual violence is experienced by 1 in 3 Canadian women and 1 in 8 Canadian men
* 71% of students experienced or witnessed unwanted sexual behaviors in postsecondary schools of Canada; on/off campus in 2019
* 77% of women and 70% men experienced unwanted sexual activities off campus at least once. These off campus settings include bars and restaurants
* 80% women and 86% men experienced unwanted sexual activities from other students
* 92% men and 91% women who witnessed these behaviors did not seek help, take action or intervene

**MYTHS VS FACTS**

Myth: I will not experience sexual assault

Fact: Sexual assault can happen to anyone. People of all socioeconomic and ethnic backgrounds are victims

Myth: Sexual assault is more likely to happen in dark and dangerous places

Fact: The majority of sexual assaults happen in private spaces like a home

Myth: Women with disabilities do not experience sexual assault

Fact: Women with disabilities are at a high risk of experiencing sexual violence or assault

Myth: It is not possible for husbands to sexually assault their wives

Fact: Sexual assault can happen in a marriage or in any other intimate partner relationship

Myth: If it is not rape, it is not sexual violence

Fact: Any unwanted sexual behaviour is sexual violence (spreading intimate visual recordings

**Sexual violence**

A term that describes any physical or psychological violence that is executed through sexual means

**Different forms sexual violence can take:**

Sexual Assault, Sexual Abuse, Childhood Sexual Abuse, Rape, Rape During Armed Conflict, Stalking, Sexual Harassment, Degrading Sexual Imagery, Cyber Harassment, Dating/Intimate Partner Violence, Trafficking etc.

**STOP BEFORE IT HAPPENS**

- Don't be a quiet bystander

- Speak up when sexual jokes are made

- Let them know that sexual jokes are not funny

-Your consent is always required in all relationships, NO means NO

-Your sexual rights should be respected no matter where you are (e.g. home, school, work)

- Be an advocate for policies against sexual violence

- Learn about the resources and support systems available to help with issues of sexual violence

**You are not in this alone, we fight together against sexual violence!**

**Resources**

**Call 911 if you witness/experience sexual violence or disclose it to someone trustable**

**FREE Resources at Humber North Campus**

Counselling: North | 416-675-6622 ext. 5090

Centre for Human Rights, Equity & Diversity: 416-675-6622; ext. 4425

Aboriginal Resource Centre: 416-675-6622 ext. 5424

LGBTQ+ Resource Centre: 416-675-6622 ext. 5575

The BASE (Black Academic Success & Engagement):

416-675-6622 ext. 4517

**FREE 24 hrs. RESOURCES OFF CAMPUS**

Assaulted Women’s Helpline: 1-866-863-0511

Good2Talk: 1-866-925-5454 or 2-1-1

Talk4Healing : 1-855-554-HEAL (4325)

First Nations and Inuit Mental Health and Wellness: 1-888-242-3310

Support Services for Male Survivors of Sexual Abuse: 1-866-887-0015

The 519: 416-392-6874

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