

**HELPING BEHAVIORS GRID:  
BEFORE, DURING AND AFTER WITH FRIENDS, ACQUAINTANCES OR STRANGERS**

	Friend	Acquaintance	Stranger
<p style="text-align: center;"><b>Before: risky behaviors that could escalate to something more serious</b></p>	<ol style="list-style-type: none"> <li>1. Call 911 and tell hospital if I suspect that my friend has been drugged.</li> <li>2. Walk a friend home from a party who has had too much to drink.</li> <li>3. Stop and ask my friend what his intentions are if he was taking an intoxicated woman upstairs to his bedroom.</li> <li>4. Confront friends who make excuses for abusive behaviors.</li> <li>5. Watch my friends drink at parties.</li> <li>6. Make sure I leave a party with the same people I came with.</li> <li>7. Ask for verbal consent with my partner.</li> <li>8. Stop when my partner says stop.</li> <li>9. Educate myself about sexual violence and what I can do about it.</li> </ol>	<ol style="list-style-type: none"> <li>1. Speak up in a class if a professor jokes that women really like to be raped.</li> <li>2. Speak up if I hear someone I know say, “she deserves to be raped.”</li> <li>3. Tell someone I know from class that I don’t like to overhear about how they “banged a woman the night before.”</li> <li>4. Tell someone I know slightly from class that I don’t appreciate their sexist/racist jokes.</li> </ol>	<ol style="list-style-type: none"> <li>1. Try to get help if I suspect a stranger at a party has been drugged.</li> <li>2. Approach the friends of someone who is intoxicated at a party and make sure they don’t leave her alone.</li> <li>3. Approach a stranger at a party who has had too much to drink if she would like me to walk her home so she can go to sleep.</li> <li>4. Try to get help to intervene if I saw several strangers dragging a woman upstairs to their room.</li> <li>5. Warn a stranger if I saw someone spike her drink.</li> <li>6. Grab a drink that I saw someone spike and pour it out.</li> <li>7. Speak out against homophobic jokes.</li> </ol>

	Friend	Acquaintance	Stranger
<b>During: an incident involving some kind of violence.</b>	<ol style="list-style-type: none"><li>1. I would confront a friend if I saw him grabbing, pushing, and insulting his partner.</li><li>2. I would get help from others: friends or professionals, to intervene if I saw a friend grab, push, insult his partner.</li></ol>	<ol style="list-style-type: none"><li>1. If I hear what sounds like yelling and fighting through my dorm walls, I knock on the door to see if everything is OK.</li><li>2. If I hear what sounds like yelling and fighting through my dorm walls, I go get an RA or someone else for help.</li><li>3. If I see a man and his girlfriend whom I kind of know, in a heated argument, his hands clenched in a fist, I ask her if everything is OK.</li></ol>	<ol style="list-style-type: none"><li>1. Call 911 if I hear someone yelling and fighting.</li><li>2. Call 911 if I hear someone calling for help.</li><li>3. Go investigate if I hear someone calling for help.</li><li>4. If a woman is being shoved or yelled at by a man, I ask her if she needs help.</li><li>5. I see a man and what I assume is his girlfriend. I do not know either of them. His hands are clenched and I she is upset. I ask if everything is OK.</li></ol>

**Bystander Intervention & Sexual Violence: Establishing a Community of Responsibility ©**

	Friend	Acquaintance	Stranger
<b>After/ally</b>	<ol style="list-style-type: none"> <li>1. Call 911 if my friend needs help.</li> <li>2. Call an R.A. or a rape counselor if a friend told me she was sexually assaulted.</li> <li>3. Ask a friend who seems upset if they are OK or need help.</li> <li>4. Ask a friend if I thought they were in an abusive relationship and let them know I am here to help.</li> <li>5. Let a friend know that I am available for support and help if I suspected they were raped.</li> <li>6. Share information about sexual assault and violence with my friend.</li> <li>7. If I hear a friend has been accused of rape, I tell someone in authority – like police or Judicial Programs Office.</li> </ol>	<ol style="list-style-type: none"> <li>1. If I hear an acquaintance talking about forcing someone to have sex, I speak up against it and express concern for the person who was forced.</li> <li>2. Call rape crisis center if an acquaintance was sexually assaulted.</li> <li>3. Ask an acquaintance if they are OK.</li> <li>4. I would encourage an acquaintance to speak up if they thought they had been assaulted.</li> </ol>	<ol style="list-style-type: none"> <li>1. If a stranger looks upset, I ask them if they are OK.</li> <li>2. Call a rape center if a stranger tells me they have been raped.</li> <li>3. Call 911 if a stranger needs help.</li> </ol>